

## Delaware Emergency Management Agency Course Description

| COURSE<br>CODE/TITLE  | QPR- Question, Persuade, and Refer  | Gatekeeper Training for Suicide<br>Prevention |                           |
|-----------------------|---|---|---------------------------|
| COURSE<br>LOCATION    | Virtual   |   |                           |
| COURSE DATES          | October 28, 2021  | COURSE TIME                                   | 12:00PM; 60-90<br>minutes |
| METHOD OF<br>DELIVERY | Virtual   |   |                           |
| COURSE<br>DESCRIPTION | Like CPR, QPR is an emergency response to someone in a suicide crisis.  The course teaches the 3-step QPR method: Question, Refer, Persuade.  QPR is listed in the National Registry of Evidence-based Practices and  Programs (NREPP)                      |   |                           |
| COURSE<br>OBJECTIVES  | <ul> <li>Learn the common causes of suicidal behavior</li> <li>Identify the warning signs of suicide</li> <li>How to Question, Persuade, and Refer someone who may be suicidal</li> <li>Learn about resources to share to help someone in crisis</li> </ul> |   |                           |
| PREREQUISITES         | NONE  |   |                           |
| TARGET<br>AUDIENCE    | Delaware K-12 school staff, teachers, and administrators.   |   |                           |
| OPEN TO THE PUBLIC    | No; Delaware K-12 Schools only (K-12 school email MUST BE USED to register)   |   |                           |
| COST/MEALS            | The training and course materials are provided at no cost to the state, local organization or responder.  |   |                           |
|                       | Funding for travel, accommodations, and meals are not provided for this training opportunity.   |   |                           |

All classes have limited seats. Registrations will be processed on a first come/first served basis. If you have any questions, please e-mail training.dema@delaware.gov

Note: DEMA address: 165 Brick Store Landing Road, Smyrna, DE. When reporting to DEMA for training please park on the lower level (back) parking lot and enter the training door to the facility.